



FOR IMMEDIATE RELEASE

September 2017

Contact:

Angie Smith (630) 466-6700

Montgomery 5K and 10K River Run is Set!

The Village of Montgomery will host its 14th annual 5k and 10K River Run on Saturday, October 7, 2017 at 9 a.m. The Montgomery 5K and 10K River Run are USA Track and Field certified with computerized race results provided by *J3 Timing, Inc.*, a family owned race management service provider in northern Illinois. The race will start and finish at Village Hall (200 North River Street Montgomery, IL 60538). Race day registration begins at 7:30 a.m.

The race takes place on both sides of the scenic Fox River through beautiful landscaped parks and residential areas. (*Course Map Attached*) Awards will be given to the first two male and first two female finishers in the age categories of: 12 and under, 13-19, 20-30, 31-40, 41-50, 51-60, 61-70, 71+, as well as overall male and overall female winners for both races. All entrants will receive a River Run long sleeve dri-fit shirt and goodie bag. Awards will be presented inside Village Hall in the Board Room around 10:30 AM.

There will be several area vendors set-up prior to and after the race for participants and their families to visit. Chiro One Wellness Center, Cornish Chiropractic, GNC Stores, and The Chiropractic Place - Oswego. Rondi's S.E.L.F. Fitness will also be back this year to lead in warm-ups and stretches prior to the race.

Same day race registration for the 5K is \$35 for adults and \$15 for children while the 10K is \$45 for adults and \$25 for children. Children under three are free for both races.

A portion of the proceeds from this event will be donated to the Montgomery VFW Post #7452, the Montgomery Foundation, and the Montgomery Rotary.

To sign up for this fun-filled event go to: <http://www.signmeup.com/119936>

For more information call (630) 466-6700 or **Like Us on Facebook: Montgomery 5K and 10K River Run** <https://www.facebook.com/pages/Montgomery-5K-and-10K-River-Run/481543391947891?ref=hl>

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